



Chester Community Cycling Sessions

DO YOU...

Enjoy cycling?

Want to meet like minded people in your area?

Want to see more of your area in a safe environment?

Want to improve your health?



Chester City Council in partnership with Groundwork Wrexham are putting on a programme of cycle rides for the general community to access within the Chester district. The aims of the cycle rides are to encourage those who enjoy cycling with other people, like shorter rides or are looking to improve their confidence on their bikes.

The group is run by trained leaders who offer support and guidance to riders during the sessions. The routes designed are manageable distances that have minimal or no traffic.

For more information

Community Sport Officer T: 01244 402273
E: sports@chester.gov.uk

or to book a place contact

Rod Armstrong T: 0790 832 5508
Groundwork Wrexham

Cycling Programme

Ride	Date	Time	Venue
1	25th October	10:30	Northgate Arena, Entrance
2	1st November	10:30	Little Roodee, Cafe
3	8th November	10:30	Christleton P&R, Bus Shelter
4	15th November	10:30	Northgate Arena, Entrance
5	22nd November	10:30	Little Roodee, Cafe
6	29th November	10:30	Christleton P&R, Bus Shelter
7	6th December	10:30	Northgate Arena, Entrance

All participants are required to bring their own bike, which will be checked for roadworthiness prior to starting the ride. Participants are also asked to wear sensible clothing for cycling and to wear appropriate safety equipment.



**Chester
City Council**



**SPORT
ENGLAND**

