

## Holly Bush, Cefn-y-Bedd - 9th May 2018

We rode a very interesting route with Peter L last week using his knowledge of the **Welsh** lanes to the full. The **Holly Bush** always puts on an excellent lunch and provided us with one of the best sandwich and chip deals we have had. **Brian L** took a separate group who seemed to have done just as many miles as the rest of us, but got there first for their a la carte meals!

**Chris L** says...

*Peter L. took us on a hilly route to the **Holly Bush** on Wednesday. The ride took us up through **Northop to Mold** and a challenging rise by **Treuddyn** followed by a pleasant drop to **Cefn-y-Bedd** (sounds easy, it wasn't!).*



**Lunch for the A Group**

**Jelly Baby stop**



The pub was welcoming as usual with some very nice butties and chips (plenty left over!). The return route was easier being mostly downhill although my legs do remind me of a rise in to **Buckley**. We covered 50 miles with 3000 ft of climbing. Thanks **Peter**.

### Glennys says...

There were five of us **Alternatives** riding **Brian's** great route - two on electric bikes. Our route went via **Bretton** where we stopped for a break.



### A break at Bretton

We went on to **Higher Kinnerton**, uphill on **Sandy Lane** and through **Hope** to the **Holly Bush** where we arrived before the **A Group** and had an excellent lunch. We returned via a wonderful downhill lane to **Marford**, on to Eccleston and **Chester**. We had intended

using the **Roodee** path but it was closed. Thanks to **Peter** hearing the noise of the crowds from the racecourse we diverted from the **Groves** to the **canal** and the **Greenway** covering 43 miles (1400 ft climb) return ride from the **Eureka**. Many thanks to **Brian** for his choice of route - a very enjoyable day.

Photos by Chris L and Glennys